

TBBF Sermon Notes
July 27, 2025

In My Father's Hands

Text: *Matthew 6:25-34*

Big Idea:

Conclusion: Don't _____ about your life (vv.25, 31, 34)

"Is not life more than _____, and the body more than _____?"

Two Illustrations: argument from _____ to _____

1. The _____ (vv.26-27)

Question: _____ ?

2. The _____ (vv.28-30)

Question: _____ ?

Two Reasons Not To Worry (vv.31-32)

1. You _____ God.

2. God _____ you.

Two Things To Do Instead of Worry (v.33)

1. Seek first His _____.

2. Seek first His _____.

Discussion Questions

1. What is your main takeaway from this passage?
2. What other things could *food* and *clothing* refer to in our lives? What worldly things do *you* tend to worry about?
3. What does the illustration of the birds teach us about our heavenly Father?
4. What does the illustration of the lilies teach us about our heavenly Father?
5. What does v.27 teach about the futility of worrying?
6. Why do we struggle with anxiety if we know that it doesn't accomplish anything, and we know that it can harm us?
7. What are we *NOT* believing about God when we choose to be anxious?
8. What does it mean to seek first His *kingdom* and His *righteousness*? How can *you* practically begin to do this, starting today?
9. Spend some time praying about some of the things you have been worrying about recently, trusting that God is going to provide and help.