

## THE PURSUIT OF HAPPINESS

### Psalm 1

#### I. The \_\_\_\_\_ Man / \_\_\_\_\_ Man (v.1-3)

1. He does NOT \_\_\_\_\_ to wicked \_\_\_\_\_ (v.1)

*In what ways do you "listen" to sinful counsel?*

*Why are you tempted to listen to the counsel of the wicked?*

2. He \_\_\_\_\_ to God's \_\_\_\_\_ (v.2)

a. He \_\_\_\_\_ in God's Word

b. He \_\_\_\_\_ on God's Word

*What things do you delight in and meditate on?*

3. He is \_\_\_\_\_ as a happy \_\_\_\_\_ (v.3)

*Does this picture match up with your life right now?*

#### II. The \_\_\_\_\_ Man / \_\_\_\_\_ Man (v.4-6)

1. He is \_\_\_\_\_ as chaff (v.4)

2. He is \_\_\_\_\_ for judgment (v.5a)

3. He will not be \_\_\_\_\_ with the righteous (v.5b)

4. His way leads to \_\_\_\_\_ (v.6)

*How does God want you to respond today?*

## Discussion Questions

1. How does Psalm 1 describe the “happy” man? What does the “happy” man NOT do?
2. In what ways do you “listen” to sinful counsel? Why are you tempted to listen to the counsel of the wicked?
3. Happy is the one who delights in and meditates on God’s Word. What would it look like to delight in God’s Word?
4. Answering honestly, what things do you tend to delight in and meditate on?
5. What stands out to you the most about the picture of the tree? In what ways have you seen and experienced this in your life?
6. How is the ungodly man like chaff? Why do you think the psalmist used this picture to describe the ungodly person?
7. What is the destiny of the ungodly, and what other passages in Scripture would show that?
8. How can you pursue true “happiness” this week?
9. What steps can you take to identify and remove worldly and sinful influences from your thoughts?
10. How does God want you to respond today?