

“Spiritual Bodybuilding”

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**SERMON NOTES**

**Discussion Questions:**

If you could serve the community of believers in any way, what would be your favorites and why?

What did you learn from the message or how were you encouraged in your role as a minister to the church?

How would you describe the way you currently minister to the body of Christ? Do you think you are being faithful to Paul's call to serve others diligently?

Does anything keep you from serving in the capacity that you would like to?

Brainstorm different ways you could minister to those around you in the coming week.

If a lack of time or availability prevents you from ministering in a way that you think you should, what creative solutions could you come up with to overcome that?

What sinful thoughts or ideas do you need to deal with that prevent you from ministering to your fullest capacity?

Do you see or have you seen disunity in the body of Christ? Did you step in and attempt to build it up or did you withdraw from the situation?